

Bio-Cor Manual

Device for correction of human energy field by using information taken from fingers with EPI Bio-Well instrument. These results can help in developing a better lifestyle. Bio-Cor is using Extremely High Frequency (EHF) in the gigahertz range (4.9 mm (60.12 GHz), 5.6 mm (53.53 GHz) and 7.1 mm (42.19 GHz) of extremely low intensity (less than 10 mW/cm²).

Bio-Cor is absolutely safe for any kind of patients of any age.

Recommended usage: once a day, preferably before the sleep.



- 1 - ON button;
- 2 - lights;
- 3 - audio signal input;
- 4 - USB connection for water electrode;
- 5 - earphones connection (DJK connector the Red jack) ;
- 6 - earphones connection (the Green jack).

Fig.1. Bio-Cor device.

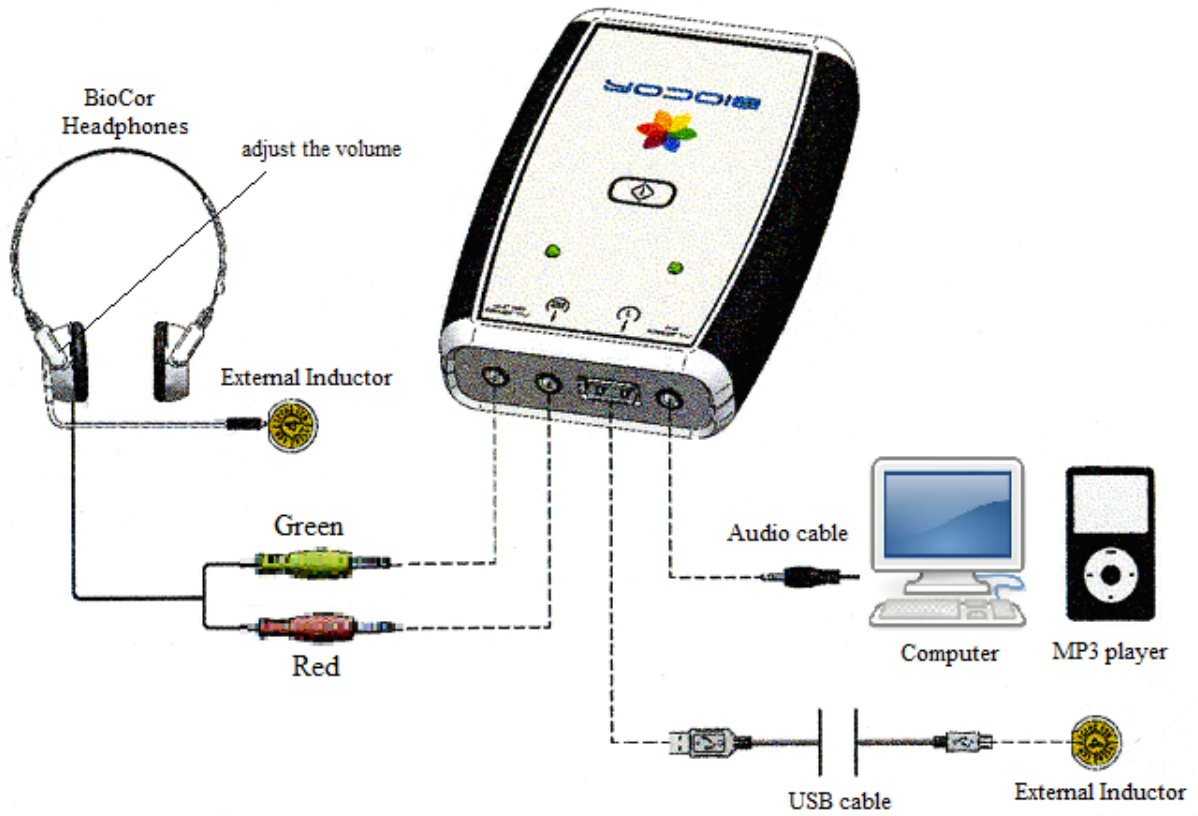


Fig.2. Bio-Cor connections



Fig.3. Water Electrode with External Inductor

Operation Instruction

1. Generate audio file using Bio-Well instrument and save it to your computer.
2. Download audio file to a mobile phone or a player or use your computer as an audio source.
3. Connect Bio-Cor, computer (or other audio source) and earphones as shown at fig. 1, 2.
4. Connect External Inductors (yellow tablets) to the microphone stick of the earphones.
5. Take earphones on with microphone stick touching the forehead area.
6. Start playing audio file generated by the Bio-Well program.
7. Press ON button on the Bio-Cor device (fig.1).
8. Lights will blink when the audio file is on.
9. Adjust individual volume. If the volume is too low – device will turn off automatically.
10. After audio file is over Bio-Cor will turn off automatically.

Bio-Cor regimes

Channel	Frequency (Hz)	Number of consequent cycles	Active phase time (sec.)	Passive phase time (sec.)
1	1.8+4.0+7.7+8.2+9.2	1	300	0
2	4.9+5.5+7.8+9.5	3	60	60

Bio-Cor will switch ON only if:

- at least one inductor (circular tablet) is connected;
- you click ON button.

NB! EHF influence will be active only if the music melody is playing.

Regimes of the Channels:

Channel 1 (additional inductor): works for 5 minutes (EHF is emitted) and then it is switched OFF.

Channel 2 (inductor on the headset): works in cycles - 1 minute in active regime (EHF emission), then 1 minute in passive regime (no EHF). This cycle is repeated 3 times.

Bio-Cor will automatically switch off when all these regimes are finished or the melody is over. When the melody ends Bio-Cor switches off in 2 seconds, no matter if any of the regimes is over or not.

Green LEDs should blink during the Active phase.

Each LED is connected only with its channel.

LED 1 - Channel 1.

LED 2 - Channel 2.

During the Passive phase of the Channel - the corresponding LED will be constantly ON (no blinking).

If during switching ON the Bio-Cor there was no inductor on one of the Channels then this Channel will not be working. If only 1 inductor is connected - then only this inductor will work.

In order to work with both Channels you have to connect both inductors and then switch the Bio-Cor ON.

If during work of the device one of the inductor has disconnected - the corresponding LED will stop blinking. As soon as connection will be reestablished the LED will start blinking again.

Benefits of using Bio-Cor

Bio-Cor is a combination of Music with Frequency healing based on your own frequency and a special healing music. First musical file is recorded in Tibet from 7 Tibetan Bowls and modified based on your own frequency measured by Bio-Well. During 10 minutes music slowly transforms to the most positive healing sound. Other 7 musical files for all 7 Chakras are composed by Kimba Arem from Colorado, USA. In these compositions Kimba is using the principle of binaural effect.

Binaural beats, or binaural tones, are auditory processing artifacts, or apparent sounds, caused by specific physical stimuli. This effect was discovered in 1839 by Heinrich Wilhelm Dove and earned greater public awareness in the late 20th century based on results that binaural beats could help induce relaxation, meditation, creativity and other desirable mental states. The effect on the brainwaves depends on the difference in frequencies of each tone: for example, if 300 Hz was played in one ear and 310 in the other, then the binaural beat would have a frequency of 10 Hz.

The brain produces a phenomenon resulting in low-frequency pulsations in the amplitude and sound localization of a perceived sound when two tones at slightly different frequencies are presented separately, one to each of a subject's ears, using stereo headphones. A beating tone will be perceived, as if the two tones mixed naturally, out of the brain. The frequencies of the tones must be below 1,000 hertz for the beating to be noticeable. The difference between the two frequencies must be small (less than or equal to 30 Hz) for the effect to occur; otherwise, the two tones will be heard separately, and no beat will be perceived. Binaural beats are of interest to neurophysiologists investigating the sense of hearing. Binaural beats reportedly influence the brain in more subtle ways through the entrainment of brainwaves and have been reported to reduce anxiety and to provide other health benefits such as control over pain.

Here is the binaural information per each musical track:

1st chakra: 8 Hz alpha

2nd chakra: 7.8 Hz low alpha

3rd chakra: 4 Hz low theta

4th chakra: 5 Hz theta, shifting to 3 Hz delta

5th chakra: 5 Hz theta

6th chakra: 3 Hz delta

7th chakra: 8 Hz alpha, shifting to 5 Hz theta

Bio-Cor device generates Extremely High Frequency (EHF) in the millimeter gigahertz range with a very low intensity modulated by the Bio-Well music.

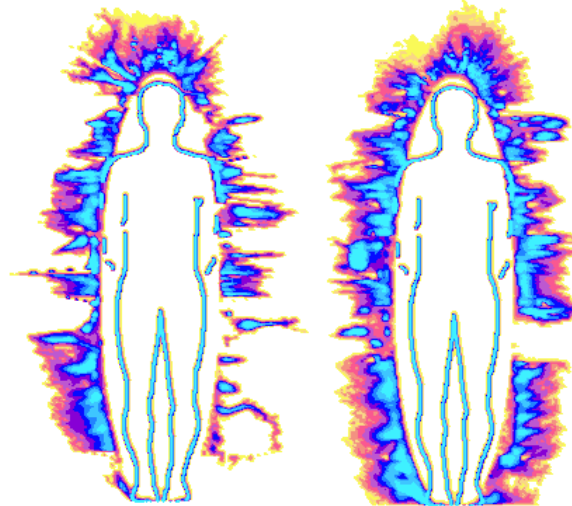
Most widely used in former USSR nations, low intensity (usually 10 mW/cm² or less) electromagnetic radiation of extremely high frequency (especially in the range 40 - 70 GHz, which corresponds to wavelength of 7.5 - 4.3 mm) is used in human medicine for the treatment of many types of diseases. This type of therapy is called Millimeter Wave (MMW) Therapy or Extremely High Frequency (EHF) Therapy. More than 10 000 devices are used for Millimeter Wave Therapy worldwide and more than a million people have been successfully treated with millimeter wave therapy during its documented history. Established in 1992, the Russian Journal *Millimeter waves in biology and medicine* is dedicated to the scientific basis and clinical applications of Millimeter Wave Therapy. More than 50 issues of it have been published.

Bio-Cor influence is a method that involves using music and frequency to enhance health. It is used to promote mental and emotional health; it may also help improve quality of life for people coping with physical health conditions. The goals include relief of stress or anxiety, improvement of mood, and enhancement of quality of life for people.

People do not need to have any musical ability to benefit from music therapy.

Research shows that Bio-Cor therapy may help ease stress and anxiety, help to fight depression. Results showed that music listening with Bio-Cor inductions had a beneficial effect on blood pressure, heart rate and respiratory rate. Bio-Cor therapy directly influences cell structure and harmonizes functional state of the body. As demonstrated by extensive research in Russia, 10 minutes treatment by night tremendously contributes to the well-being of a person.

After a session you may repeat Bio-Well measurement to see the effect of Bio-Cor and generate new music file.



An example of human energy field before and after using Bio-Cor correction.

Disclaimer: Bio-Cor is not a medical device; it is not intended for treatment, only for stress reduction by influencing Energy Field of a person.